

I am so excited to share these recommendations with you for some lovely mainly independent brands!



I have personally tried them all out - and have discount codes to share!

click on the brand name to be taken to their website



SKIMMED MILK
ZAZ10 for 10% off

Great fitting eco-friendly yoga wear in gorgeous colours



INDIGO ARTISANS
YOGAZAZ10 FOR 10% OFF

*Handmade
journals for
every
occasion*



ZENSTONES
YOGAZAZ15 FOR 15% OFF

*Exquisite
jewellery
made with
heart*



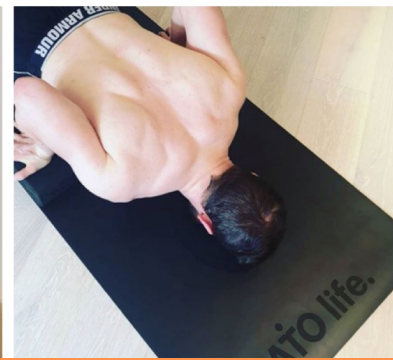
FRE SKINCARE
ZAZ for 25% off and more

*Amazing
skincare that
works and
gives back*



ATO LIFE
ZAZ10 FOR 10% OFF

*Ultra grippy
minimalist
yoga mats
and props*

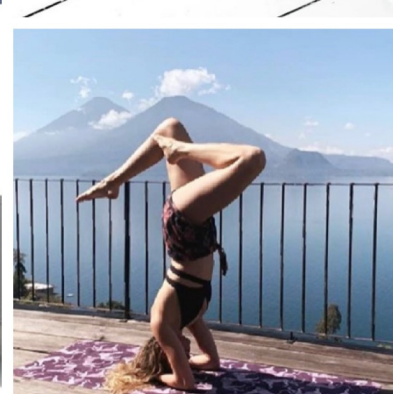


THE SAMADHI INITIATIVE
ZAZ10 FOR 10% OFF

*Personalised
cork yoga
mats*

KIN MATS
ZAZ10 for 10% off

*Grippy and
beautifully
designed
yoga mats*



Supporting independent businesses

Supporting you!

DISCOVER INDEPENDENT BRANDS AND USE THE DISCOUNT CODES AS A LITTLE GIFT TO YOU. CLICK THE BRAND NAME TO GO DIRECT TO THEIR WEBSITE.

Skimmed Milk - Yoga leggings, bra tops and bodysuits, made from recycled plastic bottles. I love their solid block colours in monochrome brights or macaroon pastels, and the fit is excellent! Use code ZAZ10 for 10% off

Indigo Artisans - Lovingly handmade leatherbound journals which can be customised for all occasions (recipe books, journals, albums etc). Kausar, who makes these beautiful pieces, is a beautiful and gentle soul who I met when we spent a semester living in Finland as design students! Use code YOGAZAZ10 for 10% off

Fre Skincare - Having worked in the beauty industry for 15 years before becoming your favourite yoga teacher ;), I am really picky about skincare and genuinely rate Fre! The products are made with organic Argan oil as a base, and for each product purchased the replant a new Argan tree to support the women in Morocco who harvest from these precious trees. Use code ZAZ for at least 25% off

Zenstones - Kelly who owns Zenstones and makes all the exquisite jewellery (from mala necklaces to earrings, bracelets etc) is the sweetest person and has an exacting eye for quality, and we made an instant connection with each other via Instagram! Use code YOGAZAZ15 for 15% off.

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[AtoLife](#) - A stylishly minimalist brand of yoga mats and props by London-based physio and yoga teacher, Abi, Ato mats are excellent quality with excellent non-slip grip on their mats. Abi also tells me that they now have a new cork mat available too! Use code ZAZ10 for 10% off.

[The Samadhi Initiative](#) - This cork yoga mat brand offer customisation of their mats at a really reasonable cost for the quality offered. I have a travel mat, perfect for laying over a standard mat or using alone. Cork is a natural material, so lovely to practice on, particularly if you have slightly damp hands which helps with grip. Use code ZAZ 10 for 10% off (*extra code - ZAZ25 - the first 5 people to use this code receive 25% off)

[Kin Yoga Mats](#) - Created by West London yoga teacher, Laura, with an eye for design, Kin Yoga mats are also great quality, featuring the powerful non-slip grip, and also have a range of beautiful designs to choose from! Use code ZAZ10 for 10% off.

Lots to choose from!! As Christmas draws near, feel free to send this on to family/friends!

Each and every product i recommend has been trialled and given the Zaz seal of approval!

I do not benefit from your purchases, apart from receiving a small commission from Fre Skincare when you purchase.